



June 2014



Hunter Trials- 9th and 10th August

Have you ever wanted your coach to help you walk a showjumping course and then watch how you then do it?

At our Hunter Trial on the 9th and 10th of August, for TDSJC members, we are offering you a FREE course walk on the Saturday Showjumping with David Finch, then he will watch you ride and comment on your performance. This will be available for 60 and 80 cm classes only.

There will also be a FREE discussion with your accredited dressage judge after you do the 1B test—only this test and you must put your name down for the free discussion when you enter so we can make time on the draw.

On Saturday afternoon, 3 star event rider and accredited EQ coach, Mattea Davidson will be doing a FREE cross country course walk for TDSJC members up to 1.05m. This will be at approximately 2.30.

Electrolytes for eventers

Written by Kathy Humphrey BVSc (Hons) and FEI accredited veterinarian

Sport horses create large amounts of heat as they exercise and this heat is removed by sweating. However huge amounts of water and electrolytes are lost in the horses' sweat. This can be exacerbated by poor drinking during transport or competitions. A 500kg horse needs to drink a minimum of 15-17.5 litres of fluid a day just for maintenance.

Steady exercise in moderate conditions can result in 6-7 litres of sweat per hour, increasing to 15 litres in hot conditions. Unlike human sweat, which is relatively watery, horse sweat is hypertonic containing lots of sodium, chloride and potassium and smaller amounts of calcium and magnesium. In normal conditions a horse will replace this water and electrolyte by eating and drinking.

When we sweat and become dehydrated our brain recognises that we have dehydrated blood, lost lots of water and makes us feel thirsty so we drink. Because the horse loses lots of water AND electrolytes in its sweat, the blood does not always appear dehydrated

to the brain and so the horse's thirst drive is not activated. It has been observed that only 60% of the water deficit is replaced by horses with voluntary drinking.

WHAT DO WE DO??

It is important to make your horse consume electrolytes, e.g. salt, lite salt (Potassium chloride) and calcium, before, during and after an event. Commercial pastes have been shown to be effective before and during prolonged exercise. Horses supplemented with electrolytes have been shown to consume twice as much water, lose less weight, and maintain higher sodium and chloride levels than non-supplemented ones.

You can also make up your own mixtures, by using table salt—Sodium chloride, Lite salt—potassium chloride (I buy big bags of this from feed stores), and bi carb of soda—cooking bicarb is the same.

Use as a basis, 900g of table salt, 300g Potassium salt, 100g bicarb. You could also add 100g of Causmag and mix all together and cut off the needle holding part of a 50 ml syringe and turn it into a dosing syringe or use an old electrolyte doser. In moderate conditions give about 75gm—125g of this mixture daily.

Weigh this amount out, see what it looks like or convert it into spoons or measures. That way in the heat of a competition you know exactly how much to add to the feed in the 2 days before the competition—don't wait until xc morning!!!

Mix in food or syringe into the mouth if you prefer. You would probably have to disguise the flavour with some molasses.

Equestrian Australia releases Hendra Vaccination By-Law

Tuesday, 1 July 2014

Equestrian Australia (EA) has a responsibility to its members, horses, event organising committees and venues to take reasonable steps to protect equine and human health. It is with this in mind that the EA national board has adopted a new by-law outlining the Hendra vaccination requirements for horses which attend EA and FEI sanctioned events in Australia.

[The EA Hendra Vaccination By-Law](#) comes into effect from today, Tuesday 1 July, however implementation will occur from 1 October 2014 to allow event organisers and owners/riders an opportunity to comply with the by-law's requirements. There is also an additional one month grace period for any event taking place during the month of October which already has its schedule published.

The by-law makes it a requirement for organising committees of EA and FEI events to complete a questionnaire during initial planning stages to determine if their event requires classification as a Hendra Vaccinated Event (HVE).

Known as the *Equestrian Competition Hendra Biosecurity Checklist*, the assessment requires event organisers to answer a series of multiple choice questions about the location and duration of the event, the number of horses in attendance, how the horses will be stabled and the impact on the facilities should a Hendra outbreak occur. If the result of the checklist is equal to 50 or above then event organisers will need to classify their event as a HVE.

There will be one checklist used by all event organisers regardless of the state in which their event is held however the location of the event will determine if all or only some of the attending horses require vaccination.

The by-law divides the country into two regions – endemic and non-endemic – with different requirements for each.

Events graded as a HVE within the states of New South Wales and Queensland, which the by-law defines as the endemic region, will require **all** attending horses to be Hendra Vaccinated.

Events that carry a HVE classification within the states of Victoria, South Australia, Western Australia, Tasmania and the territories of NT and ACT, which the by-law defines as the non-endemic region, will only require horses travelling from the endemic region (NSW and QLD) to be Hendra vaccinated.

Equestrian Australia CEO, Grant Baldock said the by-law offered a practical approach to mitigating the risk of a Hendra incident at an EA event.

“To date, Hendra incidents have only occurred within the states of New South Wales and Queensland. While this does not mean that a Hendra incident could not occur in another state in the future, the likelihood of a Hendra incident occurring at an EA event is higher in New South Wales and Queensland.

“For this reason all horses attending a HVE within NSW or Qld, regardless of their origin will require Hendra Vaccination.

“If your horse resides in another state and you don’t travel to NSW or Qld for a HVE event then your horse will not require Hendra vaccination. Only horses which leave these states and attend a NSW or QLD HVE will require vaccination.”

Mr Baldock said a range of resources had been developed to assist event organisers and riders/owners understand the Hendra Vaccination By-Law and checklist.

“As well as providing a three month grace period to give event organisers and riders a chance to understand and comply with the by-law’s requirements, a series of factsheets has been developed to help answer common questions and guide event organisers through the process of completing the checklist.

“It is important to note the by-law places the majority of onus and responsibility on horse owners and riders to ensure they are complying. All riders are encouraged to check the HVE status and entry requirements of events they are attending from 1 October and all members are encouraged to familiarise themselves with the Hendra Vaccination By-Law.

"The national board has indicated that a review of the checklist will occur within three months and the by-law will be reviewed as required. It is important that there is flexibility to update the by-law and checklist as new information comes to hand," he said.

For more information on the Hendra Vaccination By-Law and the Equestrian Competition Hendra Biosecurity Checklist please visit the [dedicated page on the EA website](#).

Ground Use

If you wish to use the cross country you need to call or message Kerri Ryder 0428 446 681 to check that the course is available and she will advise the RAS that you are coming. You must also fill in the private gathering form (attached) and leave in the post box at the clubs shed. Remember you **cannot** ride at the showgrounds on your own; you must have someone with you.

Upcoming Club Events

Toowoomba Hunter Trial 9th and 10th
August

[Sam Lyle Eventing Clinic](#) 8th and 9th
August

Links

[2014 Eventing Calendar](#)
[2014 Ag Show Calendar](#)
[Nominate](#)
[Global Entries](#)
[Equestrian Queensland](#)

Upcoming Queensland Events

- [16 Jul - Cairns Show](#)
- [17 Jul - Brisbane CDI - W & QLD Young Horse Championships](#)
- [17 Jul - Jumping QLD State Championships](#)
- [18 Jul - Gatton Show](#)
- [19 Jul - Sunshine Coast Show Jump Club Competition](#)
- [19 Jul - FCHT ODE \(MARYBOROUGH\) TO cnc 2*](#)
- [20 Jul - Mossman Show](#)
- [24 Jul - Glen Haven Park Grand Prix Show](#)
- [25 Jul - Tully Show](#)
- [26 Jul - ATDDEA Dressage Competition](#)
- [26 Jul - Interschool State Eventing and Combined Training Championships](#)
- [26 Jul - Mt Gravatt Show](#)
- [26 Jul - Texas Show](#)
- [27 Jul - Charters Towers Show](#)
- [27 Jul - NDHD Dressage Competition](#)
- [27 Jul - Nerang and District Dressage Competition](#)
- [27 Jul - RASDEG Dressage Competition](#)
- [27 Jul - Riverina Stockfeeds Winter Series Carriage Driving Comp](#)
- [27 Jul - Toowoomba Dressage Inc. Competition](#)
- [31 Jul - Gatton World Cup](#)
- [1 Aug - Cooktown Show](#)
- [1 Aug - Pine Rivers Show](#)
- [2 Aug - Gladstone Calliope Equestrian Group Competition](#)
- [2 Aug - NOEG Dressage Competition](#)
- [2 Aug - Sarina Show](#)
- [2 Aug - Tweed Valley Equestrian Group Competition](#)

- [2 Aug - Tamborine Equestrian Group ODE](#)
- [3 Aug - Caboolture Dressage Group Competition](#)
- [3 Aug - Hervey Bay Active Riders Dressage Competition](#)
- [3 Aug - Samford Equestrian Group Competition](#)
- [3 Aug - WHT Jump Club](#)
- [6 Aug - Gladstone Show](#)
- [7 Aug - Royal Show QLD](#)
- [8 Aug - Caboolture World Cup](#)
- [9 Aug - Mt Morgan Show](#)
- [9 Aug - TDSJC Toowoomba Hunter Trial](#)
- [10 Aug - Bundaberg Country Dressage Group Competition](#)
- [10 Aug - CDHC Club Dressage Competition](#)
- [10 Aug - Cedar Grove District Dressage Competition](#)
- [10 Aug - LEGS Dressage Competition](#)
- [31 Aug - Riverina Stockfeeds Winter Series Carriage Driving Comp](#)
- [28 Sep - Riverina Stockfeeds Winter Series Carriage Driving Comp](#)



Please forward any photos, news, for sale items and upcoming events to Amy McCabe amymccabe0@gmail.com to include in the monthly newsletter.

Equestrian Australia advises caution against the use of herbal or natural medicinal products

Equestrian Australia (EA) advises members, horse trainers, owners, exhibitors, riders and their veterinarians to use caution with the administration of herbal or natural medicinal preparations, tonics, pastes, powders, and products of any kind as they might contain a prohibited substance.

The use of so-called herbal and natural products in a horse might result in an adverse analytical finding that constitutes a contravention of the FEI/EA Equine Anti-Doping & Medication Control Rules.

The classification of many of these substances as prohibited is neither a new policy nor a recent development. Herbal and natural medicinal products are classified as prohibited because of their potential actions on various body systems when administered.

Scope of Advice

Herbal or natural medicine preparations include those used either intravenously, topically, intramuscularly, subcutaneously or orally and products where the ingredients and their quantitative analysis are not specifically known. This advice should also be applied to the use of homeopathic remedies.

Persons Responsible should be aware that ingredients labelling for such preparations is often not complete or accurate.

This is especially true of those products containing plant ingredients. The plant origin of any herbal or natural medicine ingredient does not preclude it from containing a pharmacologically potent and readily detectable prohibited substance.

Just some of the examples of the hundreds and perhaps thousands of herbal/natural or plant ingredients that would cause a product to be classified as prohibited are: valerian, kava, passionflower, skullcap, chamomile, vervain, lemon balm, leopard's bane, night shade, capsaicin, comfrey, devil's claw, hops, laurel, lavender, red poppy, and rauwolfia, not to mention tea, coffee, chocolate and Coco Cola! Many prohibited substances have their origin in plants (e.g. salicylates, digitalis, reserpine, caffeine, atropine)

Especially problematic are preparations that are claimed to calm or relax while at the same time being said to contain no prohibited substances. The use of any herbal or natural product to affect the performance of a horse in a calming

(tranquillising) or an energising (stimulant) manner is expressly prohibited by the FEI and EA Anti-Doping Rules. The use of a calming product during competition may also have important safety consequences.

Herbs and plant extracts are also marketed as horse feed supplements. Many herb products are marketed as sedatives. While many herbs are generally regarded as safe to feed to horses, there is a scarcity of independent scientific data in horses on the safety and efficacy of most herbal products and supplements. Most of the information available on these products is anecdotal.

In addition, the levels of the natural constituents in herbs can vary greatly as a result of the parts of the plant harvested, the growth stage of the plant at harvest, and the processing methods. Herbs may also contain chemicals that can be harmful, such as certain alkaloids. Toxicities have been associated with comfrey and chaparral in humans, and horsetail and snakeroot are known to be toxic to horses.

Manufacturers' Claims

Persons Responsible should be most careful about any claims by manufacturers or others that their preparations are “legal” or permissible for use at competitions recognized by EA or the FEI.

The FEI and EA do not test or approve herbal or natural products to verify a possible violation of the FEI/EA Anti-Doping Rules. Therefore, a claim that the product does not violate FEI/EA rules or is undetectable by drug testing is the sole responsibility of the manufacturer or individual making such a claim.

Further, persons administering herbal or natural product to a horse for health reasons or to improve its performance might have been misled, having been comforted by claims that the plant origin of its ingredients cause it to be permitted by the rules as well as being undetectable in doping tests.

Although the use of some of these products may not have resulted in adverse analytical findings from medication control tests in the past, this may change as the FEI/EA Drug Testing and Research Laboratories incorporate new methods into their battery of screening tests – this is a deliberate and ongoing process. The analytical techniques used in the testing laboratory are becoming more refined, and the fact that these products have not been detected by testing in the past does not hold any guarantee for their safe use in competition.

It is important to note that many herbal products that are produced for the equine market routinely have their formulations changed without any published notice. It is for this reason that EA typically does not comment on products by name, but requests lists of ingredients. It would be irresponsible for EA to list or name the brand of products as prohibited or permitted as there is often no control or notification of changes in their ingredients.

Summary of Advice

For the above reasons, Equestrian Australia **cautions most strongly against any use** of herbal and natural products and products, for which the ingredients and properties are not known, in competition horses.

The doping of horses is against the policies of EA and the FEI. Doping is contrary to the spirit of sport. The use of a herbal or natural medicine product in a competition horse is implicitly associated with a desire to affect or improve the normal competition performance of the horse. This desire is at odds with the FEI and EA code of conduct and core values relating to horse welfare and the spirit of the sport.

Further enquiries can be made in writing to:

Dr. Warwick Vale

EA National Medication Control Officer

vale@nw.com.au

PRIVATE GATHERING OF HORSES

A private gathering of horses (the "Group") is where a group of no more than four (4) friends gather at the Toowoomba Showgrounds (the "Venue") to enjoy a ride on their horses and is not held in conjunction with any club, training or coaching clinic being run by an Association, Club or Professional Coach or Trainer.

Biosecurity and Safety

All participants of a private gathering must sign this agreement and ensure that the group's activities meet the 'Queensland Government Workplace Health and Safety Act' as well as Biosecurity Queensland's and the Venue's Biosecurity procedures. *(It is each individual's responsibility to make themselves aware of the procedures mentioned above - go to http://www.daff.qld.gov.au/27_5857.htm).*

The gathering must appoint a Biosecurity Person (A-BP) as the leader/spokesperson of the group and agree to follow the A-BP's requests in relation to safety & Biosecurity while with the group.

Appointed Biosecurity Person

As the A-BP of the group, I _____ agree to be responsible for making sure I understand all the venue's and Biosecurity Queensland's procedures and conditions for holding a gathering at the Toowoomba Showgrounds and will ensure all participants at the gathering follow their rules. ***(Information on Biosecurity and the Venue's requirements are displayed in the Equestrian Centre, at the Landmark Building and on the wall of the Pony Club Canteen).***

A-BP (1): _____ Mobile: _____ Date: _____

Participant (2): _____ Participant (3): _____ Participant (4): _____

Mobile (2): _____ Mobile (3): _____ Mobile (4): _____

Property of origin of attending horse where PIC number is unknown

Address (1): _____ Address (2) _____

Address (3): _____ Address (4) _____

List details of horses with you today - Queensland Department of Primary Industries: PIC No: (Property Identification Code number)

Horse	PIC No:	Hendra Vac		Date Last Vaccinated	Description	Microchip No	Registered Name	Stable Name
		Yes	No					
(1).								
(2).								
(3).								
(4).								

NEXT DESTINATION FROM VENUE IF NOT PROPERTY OF ORIGIN

Destination of each horse	Vehicle Type	Registration number	Number of Horses aboard
(1).			
(2).			
(3).			
(4).			

Please turn over and complete your 'Horse Health Declaration'

HORSE HEALTH DECLARATION

Declaration and signature by each owner or person in charge of horse/s attending this gathering

(1) _____ (2) _____ (3) _____ (4) _____

(PLEASE PRINT NAME CLEARLY)

We the above Declare that the horse/s named on page 1 of this document have been in good health, eating normally and not shown signs of illness during the last 3 days leading up to the above mentioned reason for entering the grounds. I give my authorisation for the RASQ biosecurity officer to call for a veterinary inspection of the horse/s named above and in my care should they be showing signs of illness at any time during the course of the gathering. We agree to pay any and all Veterinary fees incurred as a result of this gathering.

I agree to ensure that:

1. If required before movement, all horses will be shampooed, rinsed and allowed to dry, and their hooves will be picked clean of all solid materials and washed with shampoo or antiseptic spray.
2. All vehicles and equipment accompanying the horse/s are in a clean condition at the start of travel to the Toowoomba Showgrounds.
3. The information contained in this Horse Health Declaration and Biosecurity commitment is true and correct to the best of my knowledge.
4. I agree to abide by all conditions, rules and regulations and directions of the RASQ, Equestrian Queensland, Biosecurity Queensland and our appointed BS person.
5. I acknowledge that failure to comply with the above may result in refusal of entry to the venue, disqualification or other disciplinary action as decided by the above mention regulatory bodies/judiciary or disputes committee..
6. In the event of horse/s movement restrictions, each participant will be responsible for the care, maintenance and costs of their horse/s including feeding and washing.

Participants please sign here

(1) _____ (2) _____ (3) _____ (4) _____

Biosecurity Contact Details in case a horse is found to be unwell.

Person/Organisation	Name	Phone	Mobile
Emergency Disease Watch Hotline		1800675888	
Biosecurity QLD	Edwina Sivell	13 252 23	0427427306
Gathering - Appointed Biosecurity Person			
Venue Appointed Vet	Max Wilson		0428 716 761
Participant One – Preferred Vet			
Participant Two – Preferred Vet			
Participant Three – Preferred Vet			
Participant Four - Preferred Vet			
RASQ OFFICE	RASQ	46347400	
RASQ CEO	Damon Phillips		0429347002
RASQ Groundsmen (1)	Andrew Conway		0428 347 001
RASQ Groundsmen (2)	Jai Phillips		0448 936 354
RASQ Operations Manager	Greg Lyons		0428 987 342